



# Welcome to Northgate Practice

Northgate Practice is incorporated within the Anchor Meadow Health Centre which has been purpose-built to offer a comprehensive range of healthcare services.

The Practice comprises six GPs, four nurses, two Healthcare Assistants, along with Reception and Administration Staff.

The Practice is also a training practice for GPs and medical students and is linked to Birmingham University Medical School.

Within the Health Centre you will also find services such as physiotherapy, chiropody, psychology, maternity, counselling, district nurses and health visitors. The doctors work in a non-limited partnership as a group. You do not have to consult the doctor with whom you are registered but it is advisable to follow the same problem through with one doctor whenever possible.

## **DOCTORS:**

Dr Arun K Singal	(Male)	MB ChB Newcastle 1984
Dr Christine E Lloyd	(Female)	MB BS Nottingham 1986
Dr François E Bolliger	(Male)	MB ChB Stellenbosch 1994
Dr Bhupinder Sarai	(Male)	MB ChB Manchester 2005
Dr Dalvinder Gakhal	(Female)	MB ChB Birmingham 2006
Dr Kalbir Hayer	(Male)	MB ChB Birmingham 2008
Dr Sonia Gupta	(Female)	
Dr Tejaswi Makam	(Female)	

**Northgate Practice**  
**Anchor Meadow Health Centre**  
**Westfield Drive**  
**Aldridge**  
**WS9 8AJ Telephone: 01922 450900**

## **PRACTICE NURSES:**

Jo Payton is our Nurse Practitioner. Jo is the lead nurse, having responsibility for organising work pattern for the team.

Nicola Copsey and Louise Barr are experienced practice nurses who, as well as general nursing procedures, offer various chronic disease management appointments. Nurse Practitioner Pam Zabawa supervises the Healthcare Assistants in the anti-coagulation clinic.

## **HEALTHCARE ASSISTANTS:** Jayne Ireland and Veronica McCoy

They take care of 24 hr blood pressure monitoring, ear washing, new patient medicals, ECG's, bloods, diabetic checks for the nurses and removal of sutures and clips. They are both also qualified to assist GPs and nurses in monitoring patients who are on anti-coagulation treatments such as Warfarin.

## **PRACTICE STAFF:**

Strategic Business Manager: Mr Christopher Blunt

Administration Manager: Adam Noble

Office Manager: Toni Evans

Care Coordinators: Debra Lee, Sheila Hopkins, Wendy Tomkins, Sharon Roadknight, Sarah Hughes, Danielle Farmer.

Pharmacy Technician: Sarah Kassell

Medical Secretaries: Denise Edgington and Jane Webster

Administration: Rachael Marvin, Sarah Watkinson,  
Debra Taylor

Attached Staff: Midwife, Pharmacist.

## **PRACTICE OPENING TIMES:**

We run a full appointment system. The surgery is open from 8:00am -6:00pm Monday, Tuesday & Thursday, and 7:30am-6:00pm on a Wednesday and Friday. A variety of appointments with GPs, Nurses and HCAs are available during these times.

## **REPEAT PRESCRIPTIONS:**

Repeat prescriptions will be issued at the doctor's discretion.  
Requests for repeat prescription can be made at Reception or online.  
We are also part of the Electronic Prescription Service – please ask at Reception or your local Pharmacy for details.

***All patient queries should be directed to the Reception Manager.***

## **WEEKEND AND NIGHTCOVER:**

**Waldoc offer additional GP appointments which are bookable by calling 01922 501999.**

## **HOME VISITS:**

Patients are requested to telephone before 10:00am if a visit is required that day. Please give the receptionists as much information as possible to enable the doctor to allocate priority to house calls.